



Circle of Security

INTERNATIONAL™

Early Intervention Program for Parents & Children



Presented by: Catherine Buckle, Family Worker, Home-Start Family Services Australia & Jayne Halls, Parenting Co-ordinator, Mission Australia Cootamundra

Sponsored by: Gundagai Neighborhood Centre, Mission Australia & Home-Start Family Services

Location: Mirrabooka / Gundagai Neighbourhood Centre

Dates: 4 week abbreviated program, **Thursdays during February 2020** (6/2, 13/2, 20/2, 27/2)

Times: 9am – 12:30pm, morning tea and refreshments provided

Who should attend: Mothers, Fathers and Carers from all walks of life find that this program assists with strengthening their connections with their children and easing the day to day behavioral challenges that all families experience. Research shows that secure children experience a wide range of benefits throughout life.

How to register: Please email Catherine at tumut@homestartaustralia.org or phone **0427466844**

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



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